

**D**ayspring Training Institute (DTI), the premiere training arm of The Educator is excited to introduce you to her professional short duration courses and certificate diploma for individuals in the helping profession. Duration for short courses are between 1 to 3 days (for full day courses) and a one year certificate Diploma with an additional six months internship in family counseling. We also provide onsite and online training for organizations.

## VISION

To promote the psychosocial and spiritual development of individuals, families and the society.

## MISSION

To Provide first class training curriculum for individuals in the helping profession.

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### WHAT WE DO

We partner with schools and organizations desiring to be outstanding by providing the following services;

- Training
- Assessment
- Counseling

When individuals are well balanced psychologically and spiritually, they are able to maximize academic performance.

### AT DTI WE OFFER THE FOLLOWING COURSES

- Anger Management Training (For Students)
- Emotional Intelligence Training (For Students)
- Basic Counseling Training (For Teachers & Peer Mentors)
- Child Sexual Abuse & Exploitation Prevention Training (For Teachers)
- Child Sexual Abuse & Exploitation Prevention Training (For Children and Parents)
- Accelerated Success Achievement Program (ASAP – For Students)
- Character Based Relationship and Sexual Integrity Education Modules - CBRSE (For Teenagers)
- Character Based Relationship and Sexual Integrity Education Modules TOT- CBRSE (For Teachers)
- Parenting On Purpose Modules (For Parents)
- Understanding Learning disabilities
- Servant Leadership for Teens

Our training programs for Schools are designed to build capacities of

- School Counselor
- School Teachers
- Parents
- Students

### WE OFFER THE FOLLOWING TESTING AND ASSESSMENTS

- Children Personalities Assessment (CPQ)
- Career and Achievement Assessments
- Corners for Attention Deficit Hyperactivity Disorder (ADHD)
- 16 PF Personality Assessment

# TRAINING FOR TEACHERS



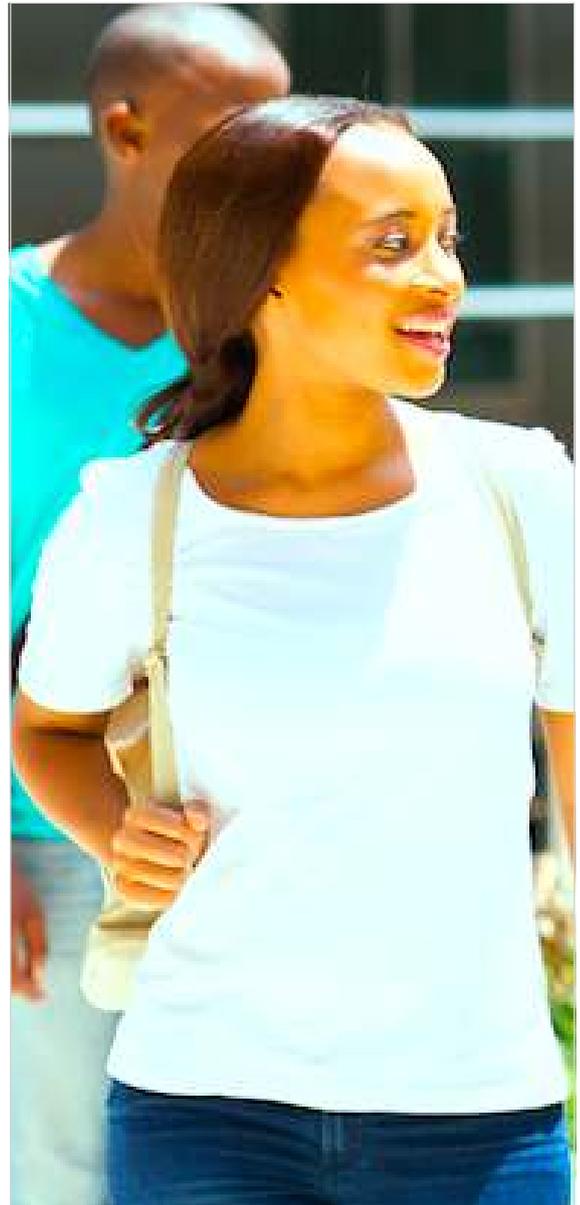
## CHARACTER BASED RELATIONSHIP AND SEXUAL INTEGRITY EDUCATION (CBRSIE)

This is a 2 day Certification Course on Character Based Relationship & Sexual Integrity Education (CBRSIE). The training equips individuals working with Teens and Young Adults to effectively teach and connect in a way that is practical, down to earth and youth-focused. It focuses on helping teens and young adults navigate live in a world rapidly impacted by globalization, by teaching skills that helps them make good decisions and live emotionally healthy lives.

### TRAINING OBJECTIVES

Participants:

- Will learn youth-focused and youth-friendly, hands on skills and tools to effectively work with teens and young adults.
- Will increase their resource-base of training aids to be more effective in their work with teens and young adults.
- Will be exposed to a curriculum focusing on teaching Young adults and Teens the following :
  - Decision making skills
  - Understanding self & others
  - Impulse & boundary control
  - Assertiveness training and managing peer pressure
  - STD/STI education
  - Saying no to abortion
  - Science of healthy relationships
  - And much more



#### HEAR WHAT FORMER PARTICIPANTS ARE SAYING ABOUT THIS TRAINING!

"I gained from this training how I could handle my boys if they want to play "SMART" - Abiodun

"I learnt how to start thinking like teens for maximum impact" - Bukola



## ADVANCED CHARACTER BASED RELATIONSHIP AND SEXUAL INTEGRITY EDUCATION

This is the advanced level of the Character Based Relationship and Sexual Integrity Education (CBRSIE). The training highlights strategies on implementing the CBRSIE curriculum. Participants will have the opportunity to role play training sessions, and be supervised by seasoned Mentors previously trained in CBRSIE curriculum. In addition, the training will focus on current issues like sexual identity, homosexuality, self-image, pornography, and online safety. This training is for anyone trained in the CBRSIE Curriculum.

### TRAINING OBJECTIVES

Participants will learn:

- How to help teenagers learn about self and their defense mechanisms
- How to help teenagers build healthy friendships
- How to teach teenagers to manage conflict
- Steps to implementing the CBRSIE curriculum to effectively reach out to teenagers
- Learn how to help teens and youths work through issues of sexual identity, homosexuality, self-image, pornography and online safety.

### PREVENTING CHILD SEXUAL ABUSE (Free Training)

This training empowers participants to become true Stewards of Children. Child sexual abuse is likely the most prevalent health problem children face, with the most serious array of consequences. In fact, 1 in 10 children will experience sexual abuse before their 18th birthday.

### TRAINING OBJECTIVES

Participants will learn:

- Steps to protecting children from sexual abuse
- Neurobiology of child sexual abuse
- Impact of child sexual abuse
- Care of victims of sexual abuse and assault
- Identifying likely child sexual abuse situation



#### HEAR WHAT FORMER PARTICIPANTS ARE SAYING ABOUT THIS TRAINING!

"There couldn't have been a better time for a training like this than now, it is eye opening, inclusive, educative, heart rendering and informative" - Ore

"I have no option but to make the teenagers under my care become the best and be role models. Honestly I feel so excited and grateful for this training" - Majiri

## CHARACTER BASED RELATIONSHIP AND SEXUAL INTEGRITY EDUCATION (CBRSIE)

The training focuses on helping teens and young adults navigate life in a world rapidly impacted by globalization, by teaching skills that helps them make good decisions and live emotionally healthy lives. Schools can run the full module over a period of a term, a month or 2 weeks. In addition single modules can be offered.

Training curriculum covers:

- Decision making skills
- Understanding self & others
- Impulse & boundary control
- Assertiveness training and managing peer pressure
- STD/STI education
- Saying no to abortion
- Science of healthy friendships
- Media Impact on thoughts, emotions, and behavior
- Conflict management strategies
- Issues of sexual identity,
- Self-image
- Pornography
- Online safety

## EMOTIONAL INTELLIGENCE TRAINING

Emotional Intelligence (EQ) is the ability to use emotions effectively and productively. Teaching emotional intelligence — or what's more broadly called social and emotional learning (SEL) — to children and adults also has proven to be effective. Children of all ages can be taught these skills, and when they are, there are real benefits, such as more effective leadership skills, stronger friendships and connections to teachers, better conflict management skills, and greater academic achievement than children who do not receive the training.

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Emotional Intelligence training will cover the following areas

- Communication skills
- Dialogue skills
- Assertiveness skills
- Self-management skills
- Relationship management skills
- Listening skills
- Conflict resolution skills
- Self and social awareness skills
- Emotional intelligence assessment

## ANGER MANAGEMENT

Anger management refers to the process by which a person learns how to identify stressors, take necessary steps to remain calm, and handle tense situations in a constructive, positive manner. The purpose of anger management training is to help a student decrease the heightened emotional and physiological arousal often associated with anger. Through the training a person can learn how to control reactions and respond in a socially appropriate manner.

Anger Management Training covers the following:

- Self-awareness & cognitive restructuring
- Uncovering hidden feelings under anger
- Methods and steps to resolving conflict
- Healing through forgiveness
- Naming feelings
- Stress management tools
- Using self-talk
- Joy of laughter
- Impulse control
- Steps to managing Anger
- Anger management workbook

## ACCELERATED SUCCESS ACHIEVEMENT PROGRAM (ASAP)

(Developing Soft Skills for Achievement)

The Accelerated Success & Achievement Program [ASAP] Curriculum focuses on the development of success skills, such as efficient time management, active listening and similar skills for achievement in academics and life in general.

### FORMAT OF TEACHING ASAP

**ASAP Group Session:** ASAP can be done during the school period especially for students who need special attention to succeed. Duration, once per week for eight weeks.

**Summer School:** ASAP classes can be part of a summer school program and will run for a month. The duration will either be 1.30 hours each day for 2 weeks or 2 times a week for a month.

**Seminar/Career Format:** Some of the ASAP topics can be taken as part of seminars or career week (see ASAP curriculum for choice of topic).

Objectives:

- Equipping underachieving students
- To help increase the capacity of achieving students
- To build self-motivation among students

Effect:

- Students going through ASAP will learn to appreciate education
- They will understand the strategies of passing exams
- Students will develop active listening skills
- They will understand the principles of time management.
- They will learn to build healthy friendships and become career focused.
- Student will learn specific steps to settings goals
- Students will learn Keys to developing habits of peak performers.
- They will learn tips for handling fear, worries, adversities and change in life.
- Students will learn practical techniques for effective note taking
- Students will learn etiquette and social responsibilities
- Student will learn the importance of networking, friendships and good interpersonal communication
- Students will learn to Identify stress indicators, stressors and learn stress management

Course Content

ASAP is made up of different modules as listed below

- Module 1: Goal setting & Motivation
- Module 2: Career Planning
- Module 3: Active Listening
- Module 4: Note Taking
- Module 5: Health & Wellness
- Module 6: Time Management
- Module 7: Developing Healthy Friendships
- Module 8: Etiquette and Social Responsibility

# ASSESSMENT CENTRE

**T**he Assessment Center is your one stop destination to proven assessment instruments that can help your student in finding a career path that is in synchrony with their personality, traits, interests and values. At the Career Center we also provide you with achievement test to help determine a student knowledge and skill at a particular time. This will aid in the development of teaching methods by teachers that can help students excel. In addition we provide diagnostic assessment tools for effective counseling.

## OUR LIST OF ASSESSMENT INCLUDES

- The Strong Interest Inventory (For Career development)
- Diagnostic Achievement Test (DAT)
- 16PF Group of Assessments for Children and Adolescents
  - The Children's Personality Questionnaire (CPQ)
  - 16PF Personality Assessment
- Corners for Attention Deficit Hyperactivity Disorder CADHD



## THE STRONG INTEREST INVENTORY

The Strong Interest Inventory® assessment is one of the world's most widely respected and frequently used career planning tools. The goal of this assessment is to give insight into a person's interests, so that they may have less difficulty in deciding on an appropriate career choice for themselves. It is also frequently used for educational guidance as one of the most popular career assessment tools.

The Strong helps students discover the careers that match their interests.

The Strong will help student:

- Identify careers that they will most likely be interested in and that they can become passionate about
- Understand what makes a particular career interesting to them
- Direct their own career exploration at various stages in their life
- Understand their preferred learning environments
- Use interests in shaping their career direction and their focus for the future

## DIAGNOSTIC ACHIEVEMENT TEST (DAB-4)

This instrument uses 14 brief subtests to identify a child's strengths and weaknesses across several areas of achievement. This instrument was developed for children and youth ages 6 to 14. It is individually administered and takes between 90 to 120 minutes to complete.

The DAB-4 has four primary uses. It can be used to (1) identify students who are significantly below their peers in basic academic skills, (2) determine the particular kinds of component strengths and weaknesses that individual students possess, (3) document students' progress in specific areas as a consequence of special intervention programs, and (4) conduct research studies of academic achievement.

There are 14 subtests based on the key areas listed above. Scores from these subtests can be combined to form eight composites:

- Total Achievement
- Listening / Speaking
- Reading / Writing
- Mathematics
- Spoken Language
- Written Language

The test includes an audiotape that the examiner plays for the individual during the Comprehension subtest.

- Story Comprehension
- Synonyms
- Alphabet/Word Knowledge
- Capitalization
- Spelling
- Story Construction
- Math Calculation
- Characteristics
- Grammatical Completion
- Reading Comprehension
- Punctuation
- Contextual Language
- Math Reasoning
- Phonemic Analysis

## 16 PF PERSONALITY ASSESSMENT

The 16PF assessment instrument is a robust measure of personality traits. It was developed by Raymond Cattell in 1949. The current fifth edition is one of the most valid predictors of human behavior and based on over 50 years of research and testing. The questionnaire assesses an individual's personality against 16 personality factors; Warmth, Reasoning, Emotional Stability, Dominance, Liveliness, Rule-Consciousness, Social Boldness, Sensitivity, Vigilance, Abstractedness, Privatness, Apprehension, Openness to Change, Self-Reliance, Perfectionism, and Tension. This provides a valid predictor of future behavior. The report shows an individual's scores on the 16 personality scales as well as the five global factors of Independence, Anxiety, Self-Control, Extraversion, and Tough-Mindedness.

## CHILDREN PERSONALITY ASSESSMENT (CPQ)

The Children's Personality Questionnaire (CPQ) measures 14 primary personality traits useful in understanding and evaluating a pre-adolescent's personal, social, and academic development. It provides a psychologically insightful understanding, as well as a precise, quantitative evaluation of those aspects of a child's personality that contribute to, or detract from, performance in school and social adjustment, both inside and outside the classroom.

It is primarily used to counsel pre-adolescents in school or clinical settings. The 14 personality factors is helpful in determining, for example, whether a child is outgoing, emotionally stable, shy, conscientious, assertive, shrewd, or circumspect. It is suitable for use by clinicians in diagnosing and treating emotional and conduct disorders.

The CPQ report also provides narrative interpretations relative to traits such as creativity, emotional stability, self-concept level, excitability, and apprehension, as well as derived scores and predictions for extraversion, anxiety, and other broad trait patterns, thus, meaningful developmental records can be kept.

We provide in-depth professional counseling services both in-person, e-counseling (online) and via our crisis counseling phone line. Our goal is to empower client to solve life disrupting challenges. We are focused on the solution, not the problem.

Our counseling services include:

- One on one counseling with traumatized Children
- Group counseling with troubled Children
- Educational groups for underachieving Students
- Counseling with Teenagers
- Teen-parent improvement
- Parenting
- Youth, adolescents problem
- Career counseling
- Personal growth
- Family Counseling
- Learning Disabilities



## GROUP COUNSELING

**Groups for Troubled Children:** This is an onsite group counseling for children and adolescents who have experienced past trauma which is currently affecting their academic and social progress. Our counselor meets with your students comprising of 4-8 students at a time in a group to implement the group counseling with troubled children module. The module is interactive and uses art, play and group dynamics.

**Groups for Underachieving Students:** This is an onsite group counseling program for academically challenged Children and Youths. It is a six session program using a structured curriculum with our group facilitator. Group consist of 4-8 students. We provide both on site and off site Assessment and Counseling.



#### CONTACT US

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